LUNCH MENU

Cupcakes EARLY YEARS CATERING

WEEK ONE

Weeks Commencing:

1st Sep - 21st Sep - 12th Oct

2nd Nov - 23rd Nov - 14th Dec

4th Jan - 25th Jan - 15th Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	VEGETABLE KORMA CURRY MIXED VEGETABLES NAAN BREAD	OVEN BAKED PORK SAUSAGE ROLLS BAKED BEANS	CHEESY TOPPED BEEF & VEGETABLE LASAGNE CRUSTY BREAD	CREAMY CHICKEN WITH LEEK & POTATO GARLIC BREAD	PIZZA BAR CHOOSE YOUR OWN TOPPINGS CHICKEN, CHORIZO, PEPPER, CHEESE, PINEAPPLE SIDE SALAD
VEGETARIAN OPTION	AS ABOVE	SAVOURY CHEESE ROLL (V) BAKED BEANS	CHEESY VEGETARIAN MINCE LASAGNE CRUSTY BREAD	CREAMY QUORN WITH LEEK & POTATO GARLIC BREAD	AS ABOVE
JACKET POTATO	COLESLAW GRATED CHEESE SIDE SALAD	TUNA MAYO GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE SIDE SALAD	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE SIDE SALAD
COLD OPTION	CHEESE & BISCUITS CREAM CHEESE, CHEDDAR CHEESE & HUMMUS SIDE SALAD	TORTILLA WRAP WITH HAM OR CHEESE (V) SIDE SALAD	CHICKEN GOUJONS TOMATO DIP SIDE SALAD	PLOUGHMANS LUNCH CRUSTY BREAD HAM, CHEESE & SWEET PICKE SIDE SALAD	WHOLEMEAL SANDWICH WITH HAM OR CHEESE (V) SIDE SALAD
DESSERT	SWISS ROLL	FRUIT CRUMBLE	LOW SUGAR FRUIT JELLY & WHIPPED CREAM	BANANA & CUSTARD	FRESHLY BAKED FRUIT COOKIE

All dietary needs / allergens catered for

Fruit & yoghurts available every day

www.cupcakescatering.co.uk

01527 821977

FOOD HYGIENE RATING 0 1 2 3 4 5 VERY GOOD

LUNCH MENU

Cupcakes EARLY YEARS CATERING

WEEK TWO

Weeks Commencing:

7th Sept – 28th Sept – 19th Oct

9th Nov – 30th Nov – 21st Dec

11th Jan – 1st Feb – 22nd Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MAC & CHEESE PEAS	MILD CHICKEN BALTI MIXED VEGETABLEs STEAMED RICE	FISHCAKE BAP FISH & POTATO CAKE, SERVED IN A SOFT ROLL TOMATO SAUCE SIDE SALAD	CHEESY TOPPED TOMATO PASTA BAKE With SWEETCORN	PORK SAUSAGES & PEAS ONION GRAVY YORKSHIRE PUDDING
VEGETARIAN OPTION	AS ABOVE	MILD QUORN BALTI MIXED VEGETABLES STEAMED RICE	VEGETABLE CUTLET BAP SERVED IN A SOFT ROLL TOMATO SAUCE SIDE SALAD	AS ABOVE	VEGAN SAUSAGE & PEAS ONION GRAVY YORKSHIRE PUDDING
JACKET POTATO	COLESLAW GRATED CHEESE SIDE SALAD	TUNA MAYO GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE SIDE SALAD	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE SIDE SALAD
COLD OPTION	FLATBREAD HAM or CHEESE SIDE SALAD	SWEETCORN & PEPPER PASTA SPIRALS, GRATED CHEESE SIDE SALAD	CHEESE PUFF PASTRIES SIDE SALAD	BAGELS HAM or CREAM CHEESE SIDE SALAD	WHOLEMEAL SANDWICH with CHEESE
DESSERT	SWISS ROLL	FRESHLY BAKED FRUIT COOKIE	SLICED MELON	FRESHLY BAKED FRUIT FLAPJACK	FRESHLY BAKED FRUIT SPONGE

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LUNCH MENU

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WEEK THREE

Weeks Commencing:

14th Sept – 5th Oct – 26th Oct

16th Nov – 7th Dec – 28th Dec

18th Jan – 8th Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHEESY TOPPED TOMATO PASTA BAKE With VEGETABLE AND SPRINKLING CHEESE	BBQ VEGETABLE STEW Steamed Rice	SAUSAGE, TOMATO & MIXED BEANS PITTA BREAD	ROAST CHICKEN in GRAVY ROAST POTATOES YORKSHIRE PUDDING MIXED VEGETABLES	FAJITA CHICKEN TORTILLA WRAP
VEGETARIAN OPTION	AS ABOVE	AS ABOVE	VEGAN SAUSAGE & MIXED BEANS PITTA BREAD	ROAST QUORN in GRAVY ROAST POTATOES YORKSHIRE PUDDING MIXED VEGETABLES	VEGETABLE FAJITA TORTIALL WRAP
JACKET POTATO	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE	TUNA MAYO GRATED CHEESE	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE
COLD OPTION	FLATBREAD with HAM or CHEESE SIDE SALAD	SOFT ROLL With CHICKEN or CHEESE SIDE SALAD	TORTILLA WRAPS with HAM or CHEESE SIDE SALAD	CHEESE & TOMATO PIZZA SIDE SALAD	SAUSAGE ROLL SIDE SALAD
DESSERT	SWISS ROLL	FRESHLY BAKED FRUIT SPONGE	BANANA & CUSTARD	ICE CREAM & PUREE FRUIT	FRESHLY BAKED FRUIT FLAPJACK

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